

NMC & GMC update

17 January 2026

Who we are

- The **Nursing and Midwifery Council**, or NMC, is the independent regulator for nurses, midwives and nursing associates.
- The **General Medical Council**, or GMC, is the independent regulator for doctors, physician associates and anesthesia associates.
- Our role is to set standards for the professionals on our registers to work to. If they don't, we can investigate concerns raised with us about them and how they work.



What we do with information we receive

Receive information

We receive information from various sources, including:

- Families, including at family surgeries
- Independent Maternity Review
- NUH NHS Trust
- Nottinghamshire Police
- HM Coroner

Review information

When we review information, we consider whether there are any indications of potential concerns about professionals on our registers.

We may need more information to answer this question.

Initial enquiries

Where information indicates potential concerns about professionals on our registers, we carry out an initial triage/screening of the concern.

Here, we consider whether:

- The concern(s) falls within our remit and powers, or whether it relates to broader systemic concerns. Here, we take account of our statutory framework and guidance.
- Any provisional enquiries would be useful at this stage to provide key information.

Assessment

Once we have obtained all the information we need from various sources and reviewed it, we can then assess it.

We will assess whether the professional on our register could be a risk to public protection and patient safety, now or in the future.

This assessment includes:

- How far the professional's actions were from the standards we expect.
- Context that might have affected how they acted.

If so, we can begin a full investigation. We can also share information with other organisations.

What we're doing

We've listened to your feedback and have:

- Worked with local and national charities to raise awareness of who we are, so they can signpost families to us.
- Developed a maternity leaflet that we'll make available to organisations who work with families.
- Started work to embed trauma-informed practice more broadly into our work.
- Changed how family surgeries work.
- Introduced new ways of working to strengthen our approach.

Over the coming months, we're:

- Working jointly together to review all information received from the Independent Maternity Review.
- Working closely with Nottinghamshire Police.

Contact us

You can talk to us about:

- Any concerns you have about a doctor, nursing or midwifery professional on who is on our registers.
- How we can keep you updated if the Independent Maternity Review has shared information about what happened to you with us.

